

JULY 1940

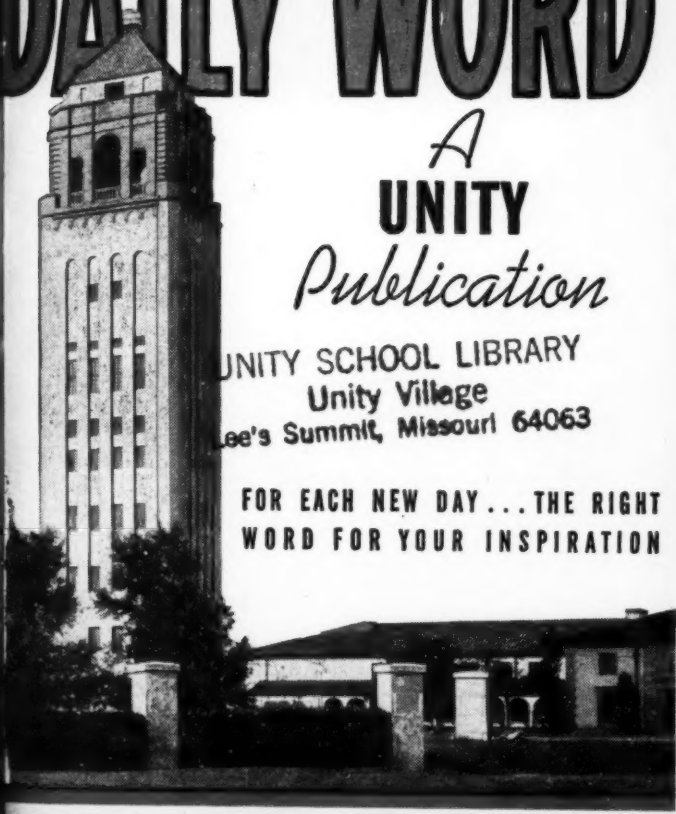
15 CENTS

DAILY WORD

A
UNITY
Publication

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Unity Village
Lee's Summit, Missouri 64063

FOR EACH NEW DAY...THE RIGHT
WORD FOR YOUR INSPIRATION



Society of Silent Unity

AFFIRMATIONS

June 20 to July 19

Daily at 11 a. m. join us in this thought for spiritual illumination:

**"The light that never was, on sea or land,"
illumines me.**

At high noon each day concentrate your attention on this
thought for prosperity:

**Divine love, like a magnet, charges my mind
and prospers my affairs.**

At 9 p. m. each night let us acknowledge the healing power of
Spirit with this prayer:

**Thine harmonizing love is mine, and I am re-
stored to peace and health.**

DAILY WORD is nonsectarian, published monthly by the Unity School of Christianity. Single copies may be obtained at Unity libraries and newsstands at 15 cents. Subscription, \$1 a year. Braille subscriptions are sent free to the blind who are familiar with Grade 1½. These gifts are made possible by love offerings.

We also publish *Good Business, Progress, Free Wisdom, Unity, Weekly Unity*, and *Unity Sunday School Leaflet* at \$1 a year each.

Subscriptions, renewals, requests for Prosperity Banks, changes of address, book orders, or checks and money orders for publications should be sent to the Publishing Department.

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Silent Unity, the healing department of Unity School, is happy to minister to every person desiring help through prayer. Requests addressed to Silent Unity, 917 Tracy Ave., Kansas City, Mo., will receive immediate attention. Compensation is by love offering.



DAILY WORD

Vol. 33

JULY, 1940

No. 1

EDITED UNDER THE SUPERVISION OF SILENT UNITY.

Stately and tall, as pictured on the cover of DAILY WORD, the Unity Campanile or Prayer Tower directs the traveler to Unity Farm near Kansas City. Even so this little magazine daily directs your steps to the sun-tipped heights in whose glory you behold yourself as a son of God; for such you are.

SUMMER REVERIE

Mary Luke Matthews

I walk with God these summer days
Up wooded trails in morning haze,
Down shady vales where cattle graze
By waters still; and there I praise
The presence of the Master.

I talk with God these summer hours:
He speaks to me through lips of flowers,
Through humming bees in perfumed bowers,
Through birdsongs where a treetop towers
As if to greet the Master.

I learn of God through summer rain,
Through misty dells and sunny plain,
Through laden orchards, growing grain;
Whatever glory these attain
They give unto the Master.

Lord God, this summer is Thine own!
Thy wisdom everywhere is shown;
Thy life in tiny seedlings sown
Comes forth in power, ears full grown,
Well pleasing to Thee, Master!

This Is My Peace

BERNICE MINTER

This is my peace:
To live and serve amid the noise
Of running, shouting girls and boys,
Of horns and brakes and huckster man,
And crying of the neighbor's clan,
Of telephone and doorbell ringing
And radio's incessant singing;
To see the wounding force of war
Among the nations near and far;
To walk amid the strife and pain
Engendered by man's search for gain:

Yet in myself to be aware
Of Christ's presence in loving care;
To hear His voice in low command;
To sense His gentle, guiding hand;
To face each moment, day, and hour,
Sustained by His all-conquering power;
To find His quietness within
Making accord of all earth's din;
To know that in the darkest night
As well as in the day's clear light
He is beside, above, below,
Blessing my way where'er I go;
To love with love that cannot cease
As He loves all:
This is my peace.

Do You Know What You Are?



TO THE AVERAGE person, man seems to be little more than a material being of flesh and bone subject to every physical law. If he falls from a great height he is expected to receive mortal injuries. If he drinks poison, it is supposed that he must perish. If he is exposed to a so-called deadly disease, it is believed that he will contract it and suffer from it. It *seems*, judging by appearances, that man can trace every indisposition of the body to some injury, to some excess or lack, to food, or to the influence of some material law.

But deep down in your heart, do you want to believe that man is such a weak, helpless creature? Have you not always felt, even before you knew of Truth, that there is something in you that makes you want to master every one of these depressing ideas? Of course you have!

Jesus had tremendous influence with the people because He demonstrated transcendent power and because He claimed that all men could do likewise. Jesus proved that man is a spiritual being, possessing power and mastery over every adverse influence. By His own example He made it clear that

man inherits Godlikeness and a native divinity that lift him above the influence of material force.

Jesus is our example of perfect man, the supreme model of what you can be when you truly know yourself to be a child of God. For He seemed to be subject to no material law except when He permitted Himself to be. He could go for days without food because His life was sustained by forces higher than material. He could make His body invisible at will, could walk on water, and travel instantly wherever He desired. He changed water into wine, stilled the tempest, healed every ill, mastered death.

His greatness and power reveal the intrinsic greatness that lies in man. Jesus could not have been a mere wielder of a magic power possessed by Him alone. All men must possess the power to do what He did, else He would not have commanded men to do as He had done. How compassionately did He insist that His Father was our Father, that we, like Him, had our origin in heaven, that in no vital essential were we unlike Him! His power is man's power, not magic but natural once we come to understand it.

The mission of Jesus was not alone by visible proofs to reveal the superiority of man. Jesus spent much time in teaching His fellow men how man's birthright is to be gained, how man may discover

what he is in the sight of God: a divine being.

Jesus knew what He was. He knew Himself from the divine standpoint, and this knowledge enabled Him to face anything in a masterful and conquering way. Jesus could not fear, because He knew that He transcended any experience, individual, or group. He could never experience confusion because He was convinced that He could call on infinite wisdom. His faith, His love, His power were all founded on the unshakable rock of understanding. His conviction of Truth made Him impervious to every touch of mortality.

Because Jesus so wonderfully showed us the truth in His own life, we know what man is, what you are. You are not flesh and bone; you have a destiny infinitely greater than subjection to materiality. There is that in you which is superior to every circumstance, something divine, perfect, Godlike. When you understand these glorious facts about yourself with dynamic assurance, you will drop every false concept, you will cease looking out on the world timidly and fearfully. Instead you will know that your place is one of heavenly dominion, that your part in life is in all respects to follow Jesus' inspiring example.

It is vitally important that you know *what* you should be able to accomplish, but it is even more important that you know *how* you are to be able to

accomplish it. More important than attaining your wonderful goal of divine mastery is the knowledge of how to get there.

You will know how to accomplish your ends if you learn to think of yourself in the right light. For example, do you think of your body as practically all of you and as wanting and demanding many things before you can have happiness and satisfaction? Then you have missed a very wonderful and revealing truth. For there is something in you that is of infinitely greater importance than your body and that is so superior to it that the body always appears in the role of an obedient servant to it.

Your body is helpless without something higher to guide it. If you walk or perform some action, you know instinctively that it is not the body that does this. You, because you are Spirit, have divine power to direct your body and guide its action. You are the ruler, the king on the throne of your world. Now if you can dictate terms to your body in some instances and it carries them out, is it not desirable that you should be able to dictate terms to it under all circumstances?

This is exactly the goal toward which man is working. When man gains conscious control of his body, he will never die. He will be able to nullify the body's weight and its apparent solidity. This

will enable him to walk on water and through walls, like Jesus, should occasion demand it. If we are not at present concerned with the attainment of such great powers, there are other situations over which we do desire to acquire mastery. Complete control of the body will give us perfect health, freedom from slavery to any physical appetite, endless strength and masterly skill in the performance of any act. Such control will free us from so-called infectious diseases, insure us against harm or accident, and make us superior to the effects of climate.

Because mind and body are interrelated, control of the body means that there will be control of the mind also. Mastery of the mind forever frees one from confusing thoughts, from habits of dwelling on undesirable situations, enables one to cast out fear, doubt, indecision. Temptation would not influence us, the acts of others would not disturb our tranquillity. We could ever remain serene and poised.

The key to conscious control of mind and body lies in learning what you are. No doubt you will agree to the statement that man is threefold: body, mind, and Spirit. This does not mean that your body is one being, your mind another, and your Spirit a third. You are one, not three, and while you have a body and a mind, it is your Spirit that

defines you, that links you with God and infinite power. Neither your body nor your mind determines what you are or what you are to manifest. "Beloved, now are we the sons of God, and it doth not yet appear what we shall be."

When you say "I" you should always mean the most interior part of you, Spirit, that which is Godlike. Spirit is your real self, what you are regardless of what your mind or body manifests. Your body may indicate one negation and your mind another, yet your real self, your spiritual "I," is always perfect, always free and whole.

When the body seems in pain, or the mind is confused, do you say "I am in pain" or "I am confused"? Then you utter falsities that rob you of your divinity. For what occurs physically or mentally can never affect the Spirit which you are. What goes on in the mind does not touch your "I." Your "I," being spiritual, is ever on a plane higher than the body or the mind. The body may go through ten thousand changes and the mind may wander in a maze of darkest ignorance, but the Spirit, the real "I" that is you, remains always immovable, untouchable, unaffected.

Now, if someone should declare an inspired truth about man, do you not perceive that it refers to your real self, your spiritual "I," right this instant? You—your spiritual "I"—are a transcendent

being. You live and move and breathe in the atmosphere of God. You are made in the image and likeness of the most High. (Your Spirit "I" is the image and likeness of God, Spirit.) You are ever whole and perfect, because your spiritual "I" could never be otherwise. You are supreme and powerful, because Spirit is ever so.

Having learned what you are, what your "I" refers to, watch your thoughts and words. No longer accept or affirm untruths about your real self. Instead strive to enlarge your vision of your self, your possibilities, your innate perfection. Daily express that which you so clearly perceive to be true and life will take on new color for you. You cannot then feel under the influence of other people, nor will you be fearful of any untoward circumstance. You will know that the real you alone decides and determines the circumstances of your life. You will then be in fact lord of mind, ruler of body, king of all your world. Master of your thought world and of every mental process, you will abide continually in the presence of the kingdom of heaven; and "all these things shall be added unto you."

*Thou hast made him [man] but little
lower than God,*

And crownest him with glory and honor.

—Psalms 8:5.

The House Called Me

GAIL LEACH HARTLAND

Only good can come to be
In this house that I call Me;
Disease and sorrow find no key,
Cannot say "Open sesame!"
Only sunshine finds the way
To enter here on each new day,
Bringing love and joy and health,
Bringing satisfying wealth
Of every good that I desire,
Of strength to work and to aspire.
Only good can come to be,
For Christ lives in this house called Me.

JULY 1

Monday

"HE THAT HATH SEEN ME HATH SEEN THE
FATHER."

DO NOT hesitate to accept this declaration of Truth. It is appropriate not alone to Jesus but to everyone. It is deeply true that he who is able to perceive the nature of the real "me" has likewise perceived the very nature of God. The real "me" is a divine being, never touched by the unstable changeableness of the outer personality, but always strong, true, noble, pure, generous, loving, perfect.

"He that hath seen me" does not mean that what a person appears to the eye to be is evidence of what God is. It means that the real self, perceived by the inner eye of faith, is exactly like the Father because it is the perfect image of God.

Have you perceived yet what your real self truly is? When you have you will know that what you have perceived is the unseen, inner Christ Spirit, son of the living God. As you express this real self, God's power will be made manifest in your life.

✿ *Thou art the Christ, the Son of the living God.*
—MATT. 16:16.

Tuesday

JULY 2

GOD INSPIRES IN ME THE SPIRIT OF WISE AND
DISCERNING JUDGMENT.

IN THE innermost part of my being is the gift of judgment that enables me always to choose aright. Nothing can take this gift from me. Should I at times seem confused or in doubt, I need only quiet every thought and by waiting patiently receive the inspiration of perfect judgment. God always provides my real self with divine wisdom to know what is best. If I should seem to be undecided, I give thanks that there is that in me which does know unfalteringly. Knowing that God has given me the spirit of true judgment, I refuse to center my attention on appearances and I am attentive to the silent leading of true judgment within.

In the time of crisis when I am pressed for immediate decision, God is my help to counsel and direct me, to inspire and protect me. God quickens every faculty and makes me intimately at one with that which is right. God is my guide to speaking and acting always in perfect ways.

✿ *I will instruct thee and teach thee in the way which thou shalt go.*—PSALMS 32:8.

JULY 3

Wednesday

I AM THE JOY OF THE LORD IN EXPRESSION.

TODAY I WILL be joyful! Whatever the next twenty-four hours may hold for me, with each breath I draw I will remember that within me is a wellspring of joy that cannot be affected or depleted.

I have much cause for rejoicing, for I am a spiritual being, living in a spiritual world, governed by spiritual ideas. Because I am a spiritual being I cannot be sick. Because I live in a spiritual world governed by spiritual ideas only good can manifest itself in my life and affairs. This realization sustains me through every experience, keeps alive in me a joyous, optimistic spirit. Today I will magnify that inner consciousness of happiness and security by speaking joyful words, by being kind and helpful to others, by wearing a cheerful countenance.

I have dedicated this day to joy, Father, and I am thankful that I have Thy Spirit within me to help me remain true to the joyousness that I, as Thy child, should express momentarily.

✿ *I will give thanks unto thee; for I am fearfully and wonderfully made.—PSALMS 139:14.*

Let Us Forget

DELLA ADAMS LEITNER

There are so many things we need
to know;

So many that we know we should forget.

Lord, give us the wisdom of mind
to see

What we should keep and cherish well;
to let

Slip from us all that hides our good
from view;

To see alone the fine and pure and true.

Help us in quiet confidence to know

That error cannot bind, that we are free.

That which is real forever shall endure,

Ours to accept for all eternity.

God grant we may forget all ill,

May know but good, Thy perfect law
fulfill.

JULY 4

Thursday

I AM UNFETTERED AND UNBOUND. I AM FREE SPIRIT.

I FREE myself from all belief that I am bound or limited in any wise. I am not bound by persons or by things. I am not in bondage to unpleasant memories of the past. I am not bound by bad habits. The habits of the past in no wise influence my deeds of today. I am not a victim of habit, because I am in perfect control of all that I think or do.

I am not bound by the belief that disease has power over me. I am free from all belief that disease can have power over me or have presence in my mind or body. I am not bound by the belief that lack can have a place in my affairs. I am free in the consciousness that prosperity is my divine birthright. I am free. Praise God, I am free! I go forth each morning in the consciousness that there are no heavy thoughts to depress me; there is no sense of burden. I am free from all worry and anxiety. I am free from all indecision. I know the truth about all things in my life, and I see all things in their right relation. I am free.

• *Ye, brethren, were called for freedom.—GAL. 5:13.*

Friday

JULY 5

TODAY I TAKE MY STAND IN THE WORLD OF
INFINITE SUPPLY.

I ACKNOWLEDGE myself a son of God and choose His wealth as my birthright. I am awakened. I rise above the limited thought of the human mind and enter the realization of omnipresent supply. I can never enter the kingdom of heaven in a sense of lack; I enter only as a representative of the Creator. Because I know God, there can be no want, for God is the principle of my supply. I live in a rich consciousness. Wealth is the truth of my being. What I image in consciousness bodies itself forth, and I receive as I perceive in thought. I perceive the idea in mind, and as I feel what I perceive I demonstrate. My supply is the reproduction of that which I have seen in mind.

Wealth is a beautiful thought. God is wealth, and I stand as a center in, through, and by which He may express His kingdom, His power, and His glory. This is the place prepared for me from the foundation of the world.

✿ *My God shall supply every need of yours according to his riches in glory in Christ Jesus.—PHIL. 4:19.*

JULY 6

Saturday

THROUGH CHRIST I AM IN DIVINE AGREEMENT WITH ALL PERSONS.

THERE IS a divine plan for the universe, and my understanding of God reveals to me my place in this plan. I am aware that every person has a place in this plan and that each has equal rights with me. I use my understanding to insure happiness for myself and others. If another person does not understand me, I do not criticize him. If he fails to see my point of view, I increase my own understanding to fill his lack and to generate mutual agreement. I know that every person is unified with divine intelligence, and I set myself to find a point of common interest from which to bring into expression the good things God has prepared for us.

My perception of God allows me to behold Him not according to my human vision but in all His glory and power. I know that spiritual power lies within me. No outside power can divest me of my inheritance from the Father. I stand steadfast in my comprehension of Truth.

☛ *The Spirit of Jehovah shall rest upon him, the spirit of wisdom and understanding.—ISA. 11:2.*

Sunday

JULY 7

LIVING IN THE CONSCIOUSNESS THAT I AM ONE WITH GOD, I AM IN A STATE OF CONSTANT PRAYER.

THROUGH prayer I am identified with God and all that He is. I do not think of prayer as a form of beseeching God. By prayer I realize that I always have been, am now, and always will be at one with the good that I desire.

Prayer to me is a relation between God and myself. In this holy relation I realize that I am now in touch with all the good there is in the universe. I find that through prayer I am in contact with God in the very midst of me.

I am in a receptive mood, in which I ask (invite) God to come forth in me. I welcome Him into my life and my affairs. I invite His life, love, and strength to express themselves in and through me. Living in a state of constant prayer, I am in an attitude wherein I am free from the disquiet, restlessness, and poverty of the world. Through prayer I enter into the realization of Truth and its visible manifestation in my life.

✿ *Ask, and it shall be given you; seek, and ye shall find.*—MATT. 7:7.

JULY 8

Monday

GOD BLESSES MY WORK, AND I HAVE THE ABILITY TO ACCOMPLISH ALL THAT I UNDERTAKE.

I HAVE faith in myself and in my work and in my ability to succeed in all that I do. I pray to God for wisdom, understanding, and a clear spiritual insight to help me in each task that I have to handle each day.

I release from my mind and let go of all hurried and worried thoughts, and I let thoughts of peace, order, joy, and happiness enter in.

God blesses my mind, my body, my heart, and my hands, and they move swiftly, effortlessly, rhythmically, and in perfect co-ordination with Spirit.

No task is too great or too small for me, because I put myself wholeheartedly into it and give sincere, joyous, willing service.

Father, I thank Thee for the work that Thou hast given me to do. I will do it to Thine honor and glory, that Thy purpose may be fulfilled in it.

* *In every work that he began in the service of . . . God . . . he did it with all his heart, and prospered.*
—II CHRON. 31:21.

Tuesday

JULY 9

MY BODY IS DAILY TRANSFORMED BY THE
RENEWING OF MY MIND.

DAILY I TURN my thoughts Godward. Daily I give thanks for the life of God that flows through every muscle and fiber of my being, literally living in me. God has created me in His image and has shared His life with me. Through Him I see, I hear, I am aware of my surroundings. By His strength I am daily sustained and nightly restored. He gives me His mind with which to think as I will. His love is mine to enjoy and to radiate.

God has given me freedom to live as I choose: to serve Him through my fellow men or to live to myself. He has endowed me with a free will like His own and with the creative power of mind to exercise that will. As I use my mind, its thoughts and ideas, so will my body and my affairs appear. This is the divine law, and it cannot be broken. Therefore I let go of limiting ideas and lay hold of fresh, new, invigorating ideas that renew and regenerate my whole being.

☛ *Be ye transformed by the renewing of your mind.*
—ROM. 12:2.

The Greatest of These



IF I SPEAK with the tongues of men and of angels, but have not love, I am become sounding brass, or a clanging cymbal. And if I have *the gift of* prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to remove mountains, but have not love, I am nothing. And if I bestow all my goods to feed *the poor*, and if I give my body to be burned, but have not love, it profiteth me nothing. Love suffereth long, *and* is kind; love envieth not; love vaunteth not itself, is not puffed up, doth not behave itself unseemly, seeketh not its own, is not provoked, taketh not account of evil; rejoiceth not in unrighteousness, but rejoiceth with the truth; beareth all things, believeth all things, hopeth all things, endureth all things. Love never faileth: but whether *there be* prophecies, they shall be done away; whether *there be* tongues, they shall cease; whether *there be* knowledge, it shall be done away. For we know in part, and we prophesy in part; but when that which is perfect is come, that which is in part shall be done away. When I was a child, I spake as a child, I felt as a child, I thought as a child: now that I am become a man, I have put away childish things. For now we see in a mirror, darkly; but then face to face: now I know in part; but then shall I know fully even as also I was fully known. But now abideth faith, hope, love, these three: and the greatest of these is love.—*I Cor. 13.*

(The lessons immediately following are based upon these qualities of love which Paul described in his message to the Corinthians.)

Wednesday

JULY 10

THE PATIENCE OF CHRIST IN ME BLESSES ME
AND ENABLES ME TO BLESS OTHERS.

I AM PATIENT with myself and with others as I recognize the Christ in them and in myself. The patience that enabled Jesus to bless His opponents when His associates would have cursed them is now manifest in me, because I feel His presence and practice His patience in all situations. When the sense man would strike off the ear of one, as did the impetuous Simon Peter, the Christ reaches forth the healing touch. Thus am I made able to bless my own body, for instead of striking it with thoughts of condemnation where inharmony appears I patiently reach forth in loving thought and bless the part that needs healing. I know it will ever respond, for it is one with the whole of my body temple.

My patience is seasoned with love. It is forgiving. It assures me that I can surmount all negation in myself and in my world, for I behold the Christ in all who are in any way connected with my affairs. The perfect way of patience is my triumphant way.

* *Let patience have its perfect work, that ye may be perfect and entire, lacking in nothing.*—JAMES 1:4.

JULY 11

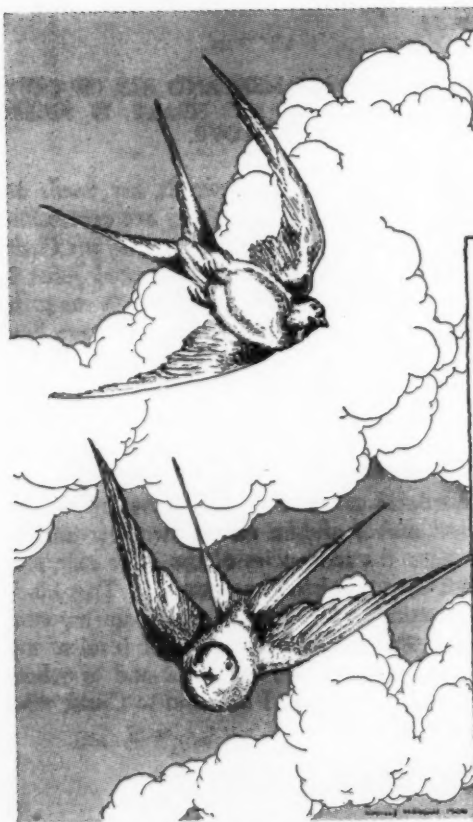
Thursday

I AM KIND TO ALL MEN AND ALL OF GOD'S
CREATION BECAUSE MY HEART IS FILLED
WITH LOVE.

M^Y WORDS are kind words, my deeds are kind deeds because they are expressions of loving thoughts inspired by the Christ in me. The same Christ that prompted Jesus to be kind to friend and foe alike prompts me to be like Him. As I speak kind words and have kind words spoken to me, I realize how truthfully the poet spoke when he said, "Kind hearts are more than coronets." Kindness crowns my life with a glory that formality cannot afford. It gives me strength, courage, joy, and a zest for living.

As kindness tames the brutish nature of the beast and makes of him an obedient servant, so does it tame the tendencies of the sense man and lift them up for spiritual redemption. This kindness I practice as I daily seek to lift up my conscious and subconscious nature to the level of my Christ nature. I am kind to myself and to others as well, and in being so I am kind to Christ who is always kind to me.

☛ *Be ye kind one to another.*—EPH. 4:32.



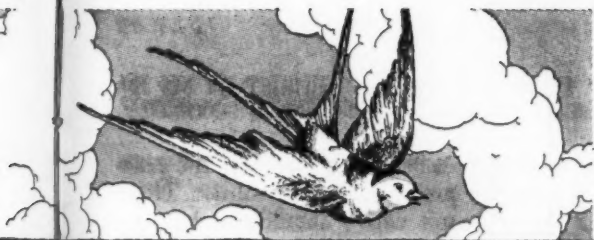
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I am one with life
Within the fragrant
I can rest in the
Secure God's on

I am one with life
No length of years
I am one with earth
I am one with Om

I am one with life
Eternal His Spi
As joyous as the s
Endowed with Hi



One With Life

Bertha M. Russell

I am one with life abundant, and I see its gentle stir
Within the fragile petal of a primrose damp with dew;
I can see in the flight of birds that pass with rushing whir,
Secure God's omniscience as the day is born anew.

I am one with life abundant, I am one with all I love;
No length of years or winding miles can bar me from my own.
I am one with earth-born beauty, I am one with heaven above;
I am one with Omnipresence, and I cannot be alone.

I am one with life abundant, blessed life God breathed in me,
Eternal His Spirit calling forth creation's light;
As joyous as the singing spheres, as true, direct, and free;
Endowed with His omnipotence, I glory in His might.

Friday

JULY 12

I AM GENEROUS BECAUSE CHRIST IN ME INSPIRES ME TO GIVE AND TO SERVE LOVINGLY.

GENEROSITY is natural for the one who practices the precepts of Jesus Christ. There is no reason why I should not be generous, and there is every reason why I should be. All that I have is given me of my Father, and it is given me to use to His honor and glory. By being generous with my substance I prove my faith in God's never-failing supply. By being generous with my services I gain greater strength for giving. By being generous with my love for others I attract greater love to myself. In all that I do for others I am blessed by the Christ in them and in myself.

It is easy for me to be generous, for I know that whatever I give is not of myself but of the Father within me. The manifestation of His riches in my life depends on how generously I use that which He places at my disposal. As I give from my purse, my heart, my mind, I am newly supplied with substance, love, wisdom, and strength.

✿ *Give, and it shall be given unto you; good measure, pressed down, shaken together, running over.—LUKE 6:38.*

JULY 13

Saturday

I FIND STRENGTH IN PRACTICING THE HUMILITY OF CHRIST.

I AM STRONG because I am humble. I am courageous through my humility. I am humble because I follow in the footsteps of the humble Nazarene. Like Him, I am humble as man but powerful as a son of God. I know the source of my strength; I draw upon it every day.

It is human to answer when reproached or falsely accused; it is a weakling's gesture to offer fight at the least provocation; but to be humble enough to pray "Father, forgive them; for they know not what they do" is to be Christlike. It is this spirit of humility that I seek to make manifest. It is human to crave greatness, fame, personal glory, but it is divine to be humble enough to do the most insignificant task with a dignity that proves the Master's words "Whosoever would become great among you shall be your minister." I have no fear of losing whatever glory is mine, regardless of what tasks I may be called upon to perform. My greatness is spiritual greatness.

☛ *Gird yourselves with humility, to serve one another: for God . . . giveth grace to the humble.—I PET. 5:5.*

Sunday

JULY 14

THE SPIRIT OF CHRIST IN ME PROMPTS ME
TO BE COURTEOUS AND HELPFUL TO OTHERS.

ONE OF THE most strikingly tender declarations of the Master is this: "Inasmuch as ye did it unto one of these my brethren, *even* these least, ye did it unto me." As I remember this, it is easy for me to be courteous to all men. I know that as I treat my fellow men so do I treat the Christ in them. It is not necessary for me to make an effort to be polite to those I meet, for it is natural to show divine respect to the Spirit of God within them. My courtesy is not an empty symbol; it is an expression of my sincere love.

My spiritual courtesy is not confined to outer manifestation; it springs from within. Whether I am with a person or not, if I would show appreciation or good will in any form, I can do so by silently blessing him, by beholding the Christ in him. It is good to give thanks to God and good to thank my fellow men. My heart is made happier each time I say "Thank you" with sincerity.

* Be ye all of one mind, having compassion one of another, love . . . be courteous.—I PET. 3:8 (A. V.).

JULY 15

Monday

I FULFILL MY DIVINE PURPOSE AS I PRACTICE
THE UNSELFISHNESS OF CHRIST.

AS I PRACTICE the Christ way of living, I find no room in my heart for selfish desires. I know that I am heir to all the good my Father has, and it is to glorify Him, not to gain selfish ends, that I have been sent into the world. Christ in me is my hope of glory. Through His power I rise above every seeming obstacle. Through His love I find new opportunities opening for me. Through His wisdom I am able to take advantage of these opportunities. In Him I live, move, and have my being and there is no need for the lesser things I might obtain through selfish desires and greed.

The spirit of unselfishness that enabled Jesus to say, "Get thee behind me, Satan," enables me to overcome temptation to satisfy the senses. I do not waste time, effort, or substance in seeking that which would be detrimental to my spiritual progress or to the accomplishment of my divine purpose. I am glad to lose my personal self in being about my Father's business.

✿ *I speak not from myself.*—JOHN 14:10.

Tuesday

JULY 16

THE CHRIST SPIRIT OF LOVE GOVERNS MY
EMOTIONS AND BLESSES ME WITH AN EVEN
TEMPER.

GOOD TEMPER is another name for poise. It is easy for me to be poised when I remember that it is not by might nor by power but by the Spirit of the Lord that I master every inharmonious situation.

The way in which I govern my temper shows me to what extent I have gained the mastery over selfishness, ambition, and personal pride. I know that through my maintenance of good temper or poise I shall win friends; while through giving vent to my misdirected emotions I shall alienate my friends. I give thanks to the Christ Spirit of love within, for it gives me power to be calm, to be still, and in that stillness to know that I am God.

My mind, body, and affairs are blessed as I maintain good temper. I am shielded from worry about any wrongdoing that a bad temper may have caused. My body is kept free from functional disorders and my affairs are divinely protected.

✿ *He that is slow to anger appeaseth strife.*—PROV. 15:18.

JULY 17

Wednesday

THE GUILLESSNESS OF CHRIST FREES ME FROM
ALL THOUGHTS OF GUILF.

AS I APPROACH the perfection I seek to attain, I find that more of the Christ qualities are being manifested in me. Whereas I may have entertained thoughts of suspicion in the past, I now think thoughts of truth and sincerity. I make no effort to deceive others, nor do I suspect them of attempting to deceive me.

In seeking to be more Christlike I find it easy to be guileless, for my motives are true. There is no reason for my appearing to be that which I am not, for Christ in me is my hope of glory. No matter where I am, or what my task may be, I know that I am one with Him. My work is His work, and I do not seek the praises of men for my service. Christ is a light and inspiration that never fails.

I rejoice in the guilelessness of the Christ in me. I give thanks that I am filled with the realization of freedom that it gives me, and I bless all I see who need like freedom.

*Blessed is the man . . .
In whose spirit there is no guile.*
—PSALMS 32:2.

Thursday

JULY 18

I AM SINCERE IN DEALING WITH THE CHRIST
IN ME AND IN MY FELLOW MEN.

CHRIST in me is ever sincere, and because His Spirit finds perfect expression through me, I too am honest, fair, just, and sincere in my relations with others. I honor Christ in my fellow men by conducting every transaction in the spirit of honesty, fair play, love, and sincerity.

When I close a letter with "Sincerely yours," I give my pledge of friendship to the one who is to receive the letter. I promise in that one word that I am not pretending to be a friend but that I am one. When I tell someone that I am sincere in my desire for his good, I say in that one word that I desire good for him without any selfish motive. Only the Christ in me can make me and keep me sincere in the hidden recesses of my heart whence I draw the truth I express in words. To Him I pledge my sincerity in spirit. To Him I look for help in maintaining an attitude of sincerity toward His Spirit in me and in others.

✿ *And this I pray . . . that ye may be sincere and void of offence.*—PHIL. 1:9, 10.

JULY 19

Friday

THERE IS A SPIRIT IN ME THAT SHEDS THE TRUE LIGHT, WHICH LIGHTS EVERY MAN THAT COMES INTO THE WORLD OF REALITY.

I ACKNOWLEDGE the Christ Spirit within me, the spirit that sheds the true light on my every seeming problem. Wherever I go, whatever I do, I am conscious of its guiding, illuminating presence, making my way clear.

The light that dwells within me dwells in everyone in the world of reality. Therefore I shall never again see my fellow beings as weak or misguided. If to me they seem to have lost the way, I will look past the material appearance, to the radiance of the Christ that is in them. By doing so I uphold them and unify myself with them as true dwellers in the light.

As I unite with Truth students all over the world in this illumination thought and in the class healing and prosperity thoughts throughout this coming month, the light that lights every man blesses me with new understanding, new courage, new light, and peacefulness.

✿ *While ye have the light, believe on the light, that ye may become sons of light.*—JOHN 12:36.

Affirmations

COMPOSED BY

Charles Fillmore

AND USED BY

The Society of Silent Unity

JULY 20 TO

AUGUST 19

Daily at 11 a. m. join us in this thought for spiritual

ILLUMINATION . . . *There is a Spirit in me that sheds the true light, which lights every man that comes into the world of reality.*



At high noon each day concentrate your attention on this thought for

PROSPERITY . . . *Spirit substance fills my mind and floods my affairs.*



At 9 p. m. each night let us acknowledge the power of Spirit for

HEALING . . . *Spirit life quickens mind and body, and I am whole.*



JULY 20

Saturday

SPIRIT SUBSTANCE FILLS MY MIND AND
FLOODS MY AFFAIRS.

I LIVE in a world of Spirit substance. It permeates my mind as ideas that enable me to enrich my affairs and my life in every way. Because I am conscious of this omnipresent substance I know that there is no lack in any phase of my life.

I look about me, and everywhere I see evidences of God's rich abundance. The fields are green with the promise of a great harvest. There is a wealth of good things ready to fulfill my every want or need of material possessions. I know that all that the Father has is mine, and my heart is filled with gratitude for the assurance that I am the child of a king, a loving, generous, bountiful king.

I resolve anew never again to speak any word or think any thought of poverty or limitation, but to think and speak and live always as befits the heir to a kingdom of plenty.

*O Jehovah, how manifold are thy works!
In wisdom hast thou made them all:
The earth is full of thy riches.*

—PSALMS 104:24.

Sunday

JULY 21

SPIRIT LIFE QUICKENS MIND AND BODY, AND
I AM WHOLE.

WHEN I REALIZE that Spirit life is at all times above, beneath, and within me, I am conscious of a divine quickening of my mind and body. I become so aware of health and wholeness that my mind discards all thoughts of disease and sickness, and my body is quickened with new strength and vitality.

I see myself, not as mortal and subject to the limitations of mortal flesh, but as a spiritual being with a divine birthright of perfection. I give thanks for the measure of life and health that I am now expressing. I bless every cell in my body, every organ, every function, and my body responds swiftly and surely, for it is spiritual and subject to spiritual laws. I look away from every seeming imperfection and see myself as radiant, vital, strong, a fitting temple for the divine Spirit that dwells within me. I know that it is the Spirit that gives me life, and I look to it as the source of my constant life and health.

✿ *It is the spirit that giveth life . . . the words that I have spoken unto you are spirit, and are life.*—JOHN 6:63.

JULY 22

Monday

THIS IS MY HOUR TO PROVE THE PRESENCE
AND POWER OF GOD WITHIN ME.

THE TIME of fulfillment lies in this hour. I do not compare today with yesterday. To do so binds me to an outmoded standard. The life of God is eternal, and the time of God is eternity. The past was present when I used it, and the future will have arrived before I can touch it.

My thought is concentrated upon the present time, for only in the present is the presence of God. Power is divided when it is left behind to glory in something finished or projected forward in anticipation of expected laurels. My faith in God makes me know that He provides all the elements necessary for each moment as it proceeds from the future, through the present, into the past. My work is so to use the God-given moments that my Father will say, "Well done, good and faithful servant: thou hast been faithful over a few things, I will set thee over many things." Forgetting that which is behind and giving no anxious thought to that which lies ahead, I fix my whole attention upon that which is at hand, and live each moment to the full.

✱ *Today is salvation come.*—LUKE 19:9.

Tuesday

JULY 23

MY EYES ARE THE EYES OF SPIRIT.

MY EYES ARE the eyes of Spirit, given to me as perfect organs of sight by the Father, and maintained by Him in perfection moment by moment. My eyes are spiritual in function, governed by spiritual law, and unhampered by any material conditions. My eyes are divine, ever superior to any mortal limitation. Spirit directs all the operations of sight, harmonizing every nerve, muscle, and cell after the divine pattern. Spirit corrects, adjusts, and soothes my eyes. My vision is ageless because God's gift of vision to me is spiritual. Physical circumstance does not determine my sight; I see because God sees. The light by which I see is the light of God intelligence that beholds all things aright. My eyes are strong eyes that see straight and true, clearly, easily, without strain. I think in terms of perfect sight and refuse to harbor any false notions about my eyes.

My attention is focused on the beautiful, the good, and the true. I see only perfection, think only perfection, and rejoice continually in the perfect sight God has bestowed upon me.

• *Blessed are your eyes, for they see.*—MATT. 13:16.

JULY 24

Wednesday

I AM AT PEACE WITH MYSELF, THEREFORE
MY WORLD IS AT PEACE.

PEACE IS the state of mind that is called the kingdom of heaven. I accept my responsibility to create peace on earth by keeping myself constantly harmonious within and in harmony with my surroundings.

No matter how confused outside things may become, I do not allow them to disturb my inner serenity. I am the keeper of my thoughts, and my reaction to turmoil is one of poise. My strength to meet conditions is generated by my peace of mind.

When my mind is at peace it is receptive to the inspiration of Spirit and I find a way out of every difficulty. I do not burden my imagination by conjuring disastrous events. I visualize the things I desire and allow my thought to dwell in peace with those things. My peaceful attitude attracts good things to me. I am most helpful to others when my composure is unclouded by negation. My indwelling Christ shows me the way of peace, and I walk therein.

• *Hold thy peace, and I will teach thee wisdom.*—JOB 33:33.

Thursday

JULY 25

GOD ESTABLISHES JUSTICE FOR ME AND PRESERVES MY LIFE.

GOD is the law of my life, ever operative to establish justice in all that concerns me. His law of love is bringing order, security, righteousness, and peace into manifestation in my life. Joyously I trust God to handle the details of my life, to protect me from harm, to preserve my freedom, and to save me from loss.

I work in harmony with God and divine justice by acting justly toward others and by thinking justly, with consideration for the rights of others. My goal is to be just toward all who touch my life, without exception. The rectitude I express proves that the law of justice is in operation for me and is even now being made manifest in my life and affairs.

Safe in God, I have no fear of any person, group, or circumstance. God gives me power to be strong and courageous and makes me confident that the outcome of any experience will be satisfaction and happiness.

✿ *If a man be just, and do that which is lawful and right . . . he is just, he shall surely live.*—EZEK. 18:5, 9.

JULY 26

Friday

IN WISDOM, STRENGTH, AND LOVE I EXPRESS
THE POSITIVE POWER OF TRUTH.

IN USING Truth I will always be mindful that it is the gospel of strength, never of weak submission. I work not merely to escape inharmony; I establish harmony.

I deny away the weakness of ill-health; I affirm the omnipotence of God's health forever within me. I deny away the doubt that has shut off my supply; confidently I affirm into manifestation the unfailing, unlimited abundance that is mine as a favorite child of the Infinite. (We are all God's favorite children.) I put away the weakness of indecision. I have asked God's guidance, so I can be confident of my course. I wait on the infallible judgment of God within me.

Even in love, the gentlest of the qualities I have inherited from my Father, there is strength. Any weakness in love arises from a too-personal application of a blessing that should be divinely large and impersonal. God is my strength, and God is love.

* *Ye shall know the truth, and the truth shall make you free.*—JOHN 8:32.

Saturday

JULY 27

THROUGH CHRIST I SET ALL MEN FREE TO EXPRESS THEIR INNATE POTENTIALITIES.

TO ALL WHOM I have held in bondage through my thought I send today my good will and my blessing. I release you from the bondage of the limited conception I have held concerning your rights, privileges, and duties. You are now free to express yourself in your own Christ way, and to enjoy the unfoldment of the Christ within yourself. You are filled with joy, faith, and peace, and I see you expressing these qualities in your every word and action. I am no longer concerned about the things you do, for I realize that every person has an inherent right to his own beliefs, to freedom of choice, and to live his life in his own way. God within you is directing you. He is your guidance and inspiration.

I know that whatever you do you do it believing that it is right for you to do it. Your actions are governed by the way things appear to you and not by the way they appear to me. I willingly give you your freedom, the privilege of seeking your good and finding the way as God reveals it to you.

☛ *Thou shalt let him go free from thee.*—JER. 34:14.

JULY 28

Sunday

I ENTER THE SECRET PLACE WITHIN, AND I
CONTACT GOD.

I KNOW THAT the only essentials to entering into the innermost depths of my being are the true desire to know and talk with God and the willingness to turn within and still all outer thoughts.

As I let go of all thought of self, I enter the consciousness of abiding peace and quietness. I realize that God is the one presence that fills my life. His love infolds and surrounds me. His faith keeps me steadfast and helps me to transcend every difficulty. His wisdom lights my way and directs me in paths of harmony and peace. I need never fail, for God upholds and guides me in all that I do. I submit all my problems to Him, I see the right solution, and I am relieved of all anxiety.

The benefits I receive from silent prayer go with me momentarily to help brighten each day, for I have gained in faith, poise, and strength. I am blessed by my contact with God within me.

*He that dwelleth in the secret place of the Most High
Shall abide under the shadow of the Almighty.*

—PSALMS 91:1.

Monday

JULY 29

CONSCIOUS OF GOD'S PRESENCE, I GO FORTH
THIS DAY WITH CONFIDENCE AND COURAGE.

I COURAGEOUSLY and confidently go forth this day to receive the good that the Father has for me. I put all thought of lack and limitation behind me. As I do this, new vistas of happiness, prosperity, and success are opened to me. I meet every circumstance and situation with confidence born of reliance upon my inner Christ dominion and mastership, which knows no defeat.

With a childlike faith in God and His goodness I joyously and thankfully accept each blessing from Him, and rest serenely in the assurance that He will continue to bless me in all my ways. No thought of fear, weakness, or inability can hinder me, for I have absolute confidence in God's power to accomplish through me whatever He wills. Conscious of His presence ever with me, I am confident, courageous, triumphant, and free! I go forth fearlessly, knowing that God is making clear, easy, and successful my way.

*Blessed be the Lord, who daily beareth our burden,
Even the God who is our salvation.*

—PSALMS 68:19.

JULY 30

Tuesday

I AM WILLING TO DO GOD'S WILL.

THE NATURE of God is love. Therefore I recognize His will as being wholly good, and I gladly yield myself to it. In the realization that the divine will has provided for my well-being in a perfect and all-comprehensive way, I surrender my thoughts and desires into God's keeping. Knowing that the Father's plan is in accord with my highest good, I desire nothing so much as its expression in my life.

All that concerns me is now intrusted to God's perfect care. Therefore I am free from all anxiety and from all tenseness of mind and body. I no longer strive in a personal way to attain my good, but knowing that God's will for me is good, I prepare myself to receive His blessings.

By submitting to the divine will I do not deny myself any good thing, for I am now receptive to the blessing that in God's sight is better than the blessing I may personally have planned. I have opened my heart and my mind to receive the complete good rather than the partial good. I give thanks that God's will of love prevails in my life.

✱ *Not as I will, but as thou wilt.*—MATT. 26:39.

Wednesday

JULY 31

I MEDITATE UPON THE WORD OF GOD, AND
IT IS MAGNIFIED IN ME.

“**T**HY WORDS were found, and I did eat them.” The word of God is the unfailing, unchanging law of life, and upon it I meditate day and night. I abide in it continually, and its precepts are my guide in ways of Truth and righteousness.

His word is perfection. Abiding in His word, I steadfastly behold perfection everywhere. His word is my word, and I rejoice in its power to renew, to restore, to heal, and to make every whit whole. As I speak the word and declare its truth in the name of Jesus Christ I magnify its power in mind, soul, and body, and it stands fast.

My words are Spirit and they are life, and when spoken in confidence and sent forth with the courage that is born of faith, they are all-powerful forces for good in the world of human life. My word is unfailing because it is the messenger of the Christ Spirit within. Going forth in His name, it will not return to me void.

✿ *He sendeth his word, and bealeth them.*—PSALMS 107:20.

Letters from persons who have had success with the Prosperity Bank plan

HIS PRAYERS WERE ANSWERED

"God has answered my prayers, and I now have a steady job, which I received the day my Prosperity Bank was filled." (California.)

PLENTY FOR HER NEEDS

"I have had the Bank for less than a month, and this is the first time in my life that I have been able to have all the things I need." (Utah.)

A NEW OUTLOOK ON LIFE

"This last drill has given me a new outlook on life. I am healthier, happier, and more alert, and I can see my finances straightening out. I can do my work twice as fast, and it seems our whole house reacts in harmony, peace, and comfort." (Minnesota.)

AN ADDED BLESSING EACH DAY

"The use of the Prosperity Bank drill serves as a daily reminder that we are one with God and His universal good. Every day we find we can be thankful in our home and in our work for an added blessing. Sometimes it is a new blessing, and then again it is an old one newly recognized." (New York.)

How the Prosperity Bank Plan Opens Your Way to Increased Supply

Many persons pray for increased supply and then limit it by expecting it through some special channel. The Prosperity Bank drill prepares you to expect it from every direction, for God has innumerable ways of answering your prayer.

Send for a Bank and let it help you to cultivate a joyous, expectant attitude, to look to God as your instant, constant, and abundant supply. Silent Unity will co-operate with you in prayer.

Use the Bank seven weeks, and while you pray for your own prosperity, save a coin each day for the purpose of sending *Daily Word* to others, for sharing opens the way to larger receiving.

(On the previous page there are letters from persons who have had success with the Bank plan.)

Unity School of Christianity, 917 Tracy, Kansas City, Mo.

Please send me a Prosperity Bank. I will save \$3 in the Bank to send *Daily Word* for one year to each of three friends, the subscriptions to begin at once:

1. Friend's name

Street

City State

2. Friend's name

Street

City State

3. Friend's name

Street

City State

MY NAME

Street

City State



Coming in Weekly Unity
During July

No Baggage into Heaven—Dana Gatlin suggests new ways to build a spiritual consciousness.

That Which I Gave—Zelia M. Walters tells how a mother gained renewed inspiration for living.

The Power We Wield—Marjorie M. Mohler writes how to use spiritual power for successful living.

Infinite Silence—Anna McCollum Boyle explains types of silences, emphasizing spiritual silence.

Every issue of WEEKLY UNITY has featured articles by outstanding Truth teachers and writers, such as Dana Gatlin, Celia Caroline Cole, and Gardner Hunting, besides an encouraging message from Silent Unity, true accounts of answered prayer, Lowell Fillmore's inspiring feature column, THINGS TO BE REMEMBERED, Bible interpretations, and a digest of current religious news from secular publications.

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UNITY SCHOOL OF CHRISTIANITY
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